

Newsletter #7 2022

Welcome to those recently joining our U3A Douglas Shire Community ENews

Website

Our website is up running, click on the link and browse our latest news and class information.

<https://douglasshire.u3anet.org.au>

Highlights of June, 2022:

Meet & Greet: 'Let's Get Talking'

Abbey Hastie, our Douglas Shire Council Waste Education Officer, took us through what happens to our waste on a rubbish bin run, and this was very interesting and thought provoking. Be mindful of what we put into our bin and where it might end up! Below are some links of interest.

- Materials Recovery Facility (MRF) - [Materials Recovery Facility | Cairns Regional Council](#)
- Bedminster Facility - [Cairns Regional Council Advanced Resource Recovery Facility - YouTube](#)

The 'Let's Get Talking' format for our Meet and Greet is a great initiative by our committee member, Lea Wharam. This, creates an opportunity for small groups to chat around a chosen topic. Come along and join in on July 25 for the next session.

Pizza Night

A great night was had on Wednesday 15th June when 30 U3A DS members met on the esplanade in Port Douglas to enjoy Pizza on the Beach. We organised it to be close to full moon, so we could watch the moon come up over the horizon. Unfortunately it was a very cloudy night, but right on schedule, the first curve of a very bright orange moon appeared over the horizon, only to disappear behind the clouds about 15minutes later.

The pizzas were varied and delicious and the company was enjoyed by all. Thanks to Andrea Falstein and the committee for organising another successful event !

Upcoming Events in July, 2022:

Let's Get Talking – 2pm Monday 25th July Palmers Sea Reef Golf Course "James Cook University and U3A"

Kurt Wagner, U3A Liaison Officer, will provide information about how members of U3A Douglas Shire can access courses at JCU. Come along with your questions and items for discussion.

A Night at the Races ~ Dinner Event A Two Course Meal and Entertainment

Friday 22nd July

Ladies, wear your best hat !.

Gentlemen, wear your most flamboyant tie !

Put on your dancing shoes !

Bookings close July 18 5 PM

Lots of fun and laughter is the formula for the night.
<https://douglasshire.u3anet.org.au/events/>

Memberships

Thank you to those who have renewed for the 22/23 financial year. To remain financial, fees are required to be paid by July 31st.

New members are always welcome, and you do need to be a financial member to participate in class and activities. There is two-session complimentary access, but then you are obliged to become financial.
We have a visitors rate \$15 for three months.

Renewing Members

Click [Renewing Member](#) to check your recorded membership details and for renewal payment methods.

New Members

[Click](#) to join online.

Classes and Venues

Joanne Herbert is our Course and Tutor Coordinator.

- coursecoord.u3adouglas@gmail.com.

Contact Jo via email to enrol or enquire

Events and Excursions

You may have an idea about a group excursion or event and would like help organising, we welcome all suggestions. Contact Andrea who is overseeing our Events -

afalstein@gmail.com

U3A Cairns Bulletin (we are a sub branch) Is circulated monthly to members, please check your emails. If you are a member and don't receive the Bulletin, email members.u3acairnsinc@gmail.com and let them know or click for [Cairns Bulletin](#)

Facebook

U3A Douglas Shire [Facebook Page](#)

'Like' our Page and keep up to date with our progress including new courses. This is also a space to ask questions about activities.

U3A Douglas Shire Class Timetable for July/ August 22

Day	Frequency	Time	Class	Tutor	Room/Venue
Daily	Monday - Sunday	8.00am- 9.00am	Tai Chi	Frieda Van Aller	4 Mile Park
Monday	Weekly	9.30am – 12.30 pm	Mahjong	Diane Schulz dschul.54@gmail.com	Palmer Golf Club
Tuesday	Weekly	10.30-11.30am	Tai Chi Men's Group	Frieda Van Aller	4 Mile Park
	Weekly	1 – 4 pm	Mahjong	Diane Schulz dschul.54@gmail.com	Mossman Library
Wednesday	Weekly	8:00 – 10:00 am	Trail walking group	Sue Rae nalinir@bigpond.com	Various Venues check Facebook for updates
Thursday	Weekly	11.00 – 12.00 pm	Tai Chi for health	Frieda Van Aller	Bruno Reidwig Park
	Monthly 1 st Thursday	10am-11.30am	Book Chat	Margot Wainman stuartandmargot@gmail.com	Tin Shed Port Douglas
	Weekly	1.30pm-4.00pm	Games and Cards	Andrea Falstein afalstein@gmail.com	Palmers Golf Club
	Monthly 2 nd and 4 th Thursday	2.00pm-4.pm	Yarning in the Park	Edna Naylor	Rex Smeal Park
Saturday	Monthly 1 st Saturday	2pm – 5pm	Everyday gardening for everyday people	Monica Prins everydaygardens2020@gmail.com	Various Venues Facebook week prior for info

Contact: Jo Herbert - Course Coordinator - coursecoord.u3adouglas@gmail.com